

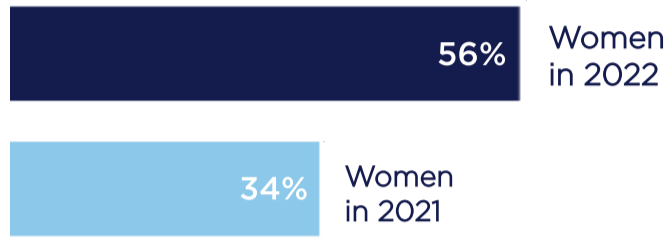
# Inflation has shaken women's retirement confidence



Compared to men, more women's financial and retirement goals have been derailed due to high inflation. A new Nationwide Retirement Institute® survey of retirement plan participants found many setbacks that are taking a toll on women's futures and wellbeing.

**Nearly two-thirds (62%) of women are expecting to delay their retirement** as a result of inflation.

Women feel **worried** when thinking about where they are with their current retirement plan and financial investments.



A **22%** uptick



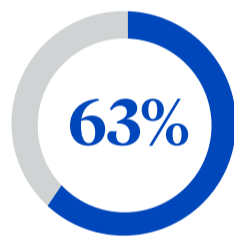
## Women are also delaying their retirement to help their loved ones through inflation.

15% of women who are delaying retirement are doing so as a result of inflation are delaying retirement due to financially supporting a family member or friend

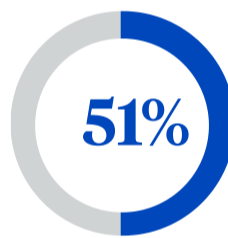
As a result, well over half of women (57%) say inflation has negatively impacted their mental health



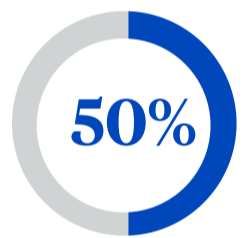
## Women are seeking solutions



63% of women are concerned about the impact of market volatility on their retirement income



51% of women struggle with turning their retirement savings into income



50% of women are challenged with picking investment options available to them outside of their employer

## Women are interested in guaranteed lifetime income investment options

**92%** of female plan participants would be at least somewhat likely to rollover a portion of their current retirement plan savings into a guaranteed lifetime income option if it was offered by their employer.

**87%** of women are interested in guaranteed lifetime income investment options that help provide protection from market volatility

**Nationwide's guaranteed lifetime income solutions offer plan participants guaranteed income for life and protection against market volatility.**

Nationwide also offers educational resources for [financial professionals, advisors](#) and [consultants](#). Plan sponsors – Please contact your Nationwide representative.



Survey Methodology: Nationwide Retirement Institute's 2022 In-Plan Lifetime Income Survey was conducted online by Edelman Data & Intelligence between July 14 and August 5, 2022 among a sample of 1,000 plan participants (ages 45+), 100 plan participants (ages 35-44), 500 company plan sponsors and 100 government plan sponsors.

This material is not a recommendation to buy or sell a financial product or to adopt an investment strategy. Investors should discuss their specific situation with their financial professional.

This information is general in nature and is not intended to be tax, legal, accounting or other professional advice. The information provided is based on current laws, which are subject to change at any time, and has not been endorsed by any government agency.

Provisions of these options may vary based on plan selection and/or by state regulation. These investment options may not be available in all states.

Guarantees are subject to the claims-paying ability of the issuing insurance company.

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